

A DAY OF RECOVERY FOR OVEREATERS



**Have you made a decision to stop eating compulsively?
Has it lasted more than a week?**

Join the North Jersey Intergroup of Overeaters Anonymous
as we share about compulsive eating and OA.

Come alone or bring a friend.

For more information, visit www.njioa.org for
15 questions to determine if this might be for you.



**SATURDAY
JANUARY 12, 2019**

9:30 Registration – 3:00 PM



**KESSLER INSTITUTE FOR
REHABILITATION CENTER**

300 Market Street,
Saddle Brook, NJ
First floor – Multipurpose Room
Questions: 973-746-8787

\$6.00 suggested donation



Overeaters Anonymous is a fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees; we are self-supporting through our own contributions. OA is not affiliated with any public or private organization, political movement, ideology or religious doctrine. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.

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