

*The Sunday Morning Overeaters Anonymous
"Into Action" Big Book Meeting in Belleville, NJ presents...*

"Special Speaker Series" ***Food & Spirituality***

Dates: Sunday - April 7, 14, 21 & 28, 2019

Time: 9:00 - 10:30 am

***April 7 - Your Higher Power -
What Does It Have to Do With Food?***

***April 14 - Overcoming Obstacles
to Abstinence With a Higher Power.***

***April 21 - Cultivating Your Relationship With a Higher
Power - and Finding Freedom from Food.***

***April 28 - Living in the Solution: Maintaining
Abstinence With the Help of a Higher Power.***

**Clara Maass Medical Center, One Clara Maass Drive, Belleville, NJ
Greifinger Lecture Hall in the Education Center**

**For More Information Call: Nicole 201-566-4609
Flier will also be available on our website: www.njioa.org**

DIRECTIONS to Clara Maass Medical Center

Directions

From the North: Garden State Parkway South, Exit 149. Make a right at the stop sign. At the first traffic light, make a right onto Belleville Avenue. Proceed one mile to third traffic light and make a right onto Franklin Avenue. Proceed on Franklin Avenue to the second traffic light, and make a right onto Clara Maass Drive. follow signs for parking - which is around the back, make right hand turn to entrance to parking garage.*

From the South: Garden State Parkway North, Exit 148 Bloomfield Avenue. At the first traffic light, make a right onto Bloomfield Avenue. Stay in the left lane, go one short block to the next traffic light and make a left onto Newark Avenue. Continue straight on Newark Avenue and make a left onto Clara Maass Drive. Then make the first left into Clara Maass Visitor Parking area and bear right into the parking garage.*

From the East, New York City and the Meadowlands: Take Route 3 West to Route 21 South. Stay on Route 21 Exit 5 (Mill Street – North). Go through three traffic lights, and enter Branch Brook Park. Bear right at second fork in the road. At traffic light, turn left onto Franklin Avenue. At next traffic light, make a right onto Clara Maass Drive. follow signs for the parking garage.

*** Greifinger Lecture Hall in the Education Center – When you enter the back entrance of the parking garage, park right there or go up one level and go to back - there is an entrance to Continuing Care - enter Hospital pass main reception/security to the back, turn right, follow signs for Greifinger Hall - (outside the room the sign now says The Healthcare Foundation of NJ Learning Center)**