

RECOVERY FROM RELAPSE

Pathways to Change



Date: Presidents Day, Monday, February 18, 2019

Time: 1:00PM-4:00PM

Place: Unitarian Universalist Congregation
67 Church St. Montclair
New Jersey 07042

- Hear advice from OA members who have recovered from relapse.
- Learn a 3 part action plan for reclaiming abstinence
- Experience a meditation session led by OA member Loretta who has 15 years of experience teaching meditation. You will receive a free CD to help you continue with your practice.

To register call or text Fran at 973-975-5607

Sponsored by the Monday Morning Bloomfield Lifeline Meeting

